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| **Minor Award Name** | **Skincare, Eye and Make-Up Treatments** |
| **Minor Award Code** | **5N3466** |
| **Level** | **Level 5** |

**Suggested resources to support delivery:**

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| **Theme/Topic** | **Type** | **Relevance** | **Author/Source** | **Web Link** |
| Anatomy and Physiology of the head, neck and face. | Website  Interactive Diagrams | This website offers 2D interactive diagrams of the muscles and bones of the head, neck and shoulders. It describes the position and action of each muscle and the position and type of each bone. | Innerbody | <http://www.innerbody.com/anatomy/muscular/head-neck> |
| Anatomy and Physiology of the head, neck and face | Book  The Concise Book of Muscles | The Concise Book of Muscles is a detailed reference book for muscles. It describes the position, action and function of many muscles. It has the added advantage of recommending exercises to strengthen each muscle. | Chris Jarmey & John Sharkey | <https://www.amazon.com/Concise-Book-Muscles-Third/dp/1623170206> |
| Skin Diseases and Disorders | Website | This website provides an A to Z list of skin diseases. A photograph is given alongside the cause, treatment and description of each skin disease. A useful website to enhance the visual learning of students. | The British Skin Foundation | <http://www.britishskinfoundation.org.uk/SkinInformation/AtoZofSkinDisease.aspx> |
| Skin Types and Skin Analysis | Article | A guide to providing a unique approach to analysing the skin. It looks at each area of the face in detail and in sequence. | Dermalogica | <http://www.dermalogica.ie/ir/yourskin/30_article_face_mapping_skin_analysis.html> |
| Skincare products | Website | A wide range of products listing the function and ingredients of many types of products such as cleanser, toners, eye-creams, moisturisers, sun protection and serums. This website is an excellent tool to match a skin type with the most suitable products. | Dermalogica | <http://www.dermalogica.ie/ir/html/products.html> |
| Skincare and Eye Treatments | Document | The ITEC syllabus provides a detailed list of skincare treatments. It will enable learners to provide skincare treatments for the purpose of improving the skin and relaxing the client. | ITEC | [https://www.itecworld.co.uk/Syllabus/Unit%20Documents/Unit%209%20Skincare%20and%20Eye%20Treatments%20-%20Syllabus%20V4.pdf?v=4262524](https://www.itecworld.co.uk/Syllabus/Unit%2520Documents/Unit%25209%2520Skincare%2520and%2520Eye%2520Treatments%2520-%2520Syllabus%2520V4.pdf?v=4262524) |
| Skincare Treatments | Video  YouTube tutorial | This video shows how to provide a facial massage demonstrating the range of classical massage movements. | Learn how to massage | <https://m.youtube.com/watch?v=k3pn9KqWfqU> |
| Skincare and Eye treatments | Document | This document gives a comprehensive view of the industry standard expected when performing a beauty treatment. It includes professional appearance, client care and a step by step outline of a facial treatment from cleansing, through eye treatments, facial massage, masks and moisturiser. A great guide for tutors and students. | ITEC | [http://www.itecworld.co.uk/Syllabus/Unit%20Documents/Unit%209%20Skincare%20and%20Eye%20Treatments%20Marking%20Criteria.pdf?v=2728957](http://www.itecworld.co.uk/Syllabus/Unit%2520Documents/Unit%25209%2520Skincare%2520and%2520Eye%2520Treatments%2520Marking%2520Criteria.pdf?v=2728957) |
| Skincare Treatments | Book  An Introductory Guide to Massage | This textbook provides the knowledge, skills and techniques for Swedish massage. The practical reference has detailed sections on preparing for treatments, consulting with clients, record-keeping and sample sequences | Louise Tucker | <http://www.emspublishing.co.uk/books/an-introductory-guide-to-massage> |
| Make Up Treatments | Video Tutorial | This YouTube tutorial demonstrates how to identify the various face shapes such as oval, round, square and diamond and then how to apply make-up accordingly. | You Tube  The Make Up Chair | <https://m.youtube.com/watch?v=piI0XRZN-6U> |
| Make Up Treatments | Article | This article is a simple guide to colour correcting including colour wheel theories in make- up and an interactive diagram showing where to apply colour corrective creams. | Claire Carusillo | <http://www.racked.com/2016/3/10/11180236/color-correcting-guide> |
| Skincare Treatments | Document  Sample Consultation Form | ITEC have outlined a detailed consultation form, including client details, contra-indications, treatment details and homecare advice. | ITEC | <http://www.itecworld.co.uk/qualifications/Diplomas.aspx?k=5> |
| Skincare, Eye Treatments and Make-up | Online PDF Document | The World Skills Association organises an international competition for beauty therapists from all over the world. This document outlines the standards expected within this trade test by all therapists including work organisation and management, professional demeanour and client care throughout skin and body treatments. | The World Skills Association | <https://api.worldskills.org/resources/download/6698/6789/7683?l=en> |
| Skincare Treatments | Website  Online Article | This website hosts a wide range of articles to relating to beauty therapy including treatment options, skin conditions, business suggestions and cosmetic science. | The Dermal Institute | <https://www.dermalinstitute.com/us/library/articles.html?topic_id=4> |
| Skincare, Eye Treatments and Make Up | PDF Document  Website | This document is a guide to health and safety in the workplace. It covers risk assessment, safety statements, responsibilities of the employer and employees. | The Health and Safety Authority | <http://www.hsa.ie/eng/Publications_and_Forms/Publications/Safety_and_Health_Management/Guidelines_on_Risk_Assessments_and_Safety_Statements.pdf> |
| Skincare, Eye Treatments and Make Up | Online Article | The article provided outlines the rights and responsibility of employers and employees, personal protective equipment and measures and how to report an accident. A useful tool for health and safety for a small business. | Citizens Information | <http://www.citizensinformation.ie/en/employment/employment_rights_and_conditions/health_and_safety/health_safety_work.html> |
| Skincare, Eye Treatments and Makeup | Book  The Art and Science of Beauty Therapy | The Art and Science of Beauty Therapy is a detailed reference for students studying beauty. Each section is explained with concise text and demonstrated by clear illustrations and photographs. Including sections on professional practice, anatomy and physiology, make up and cosmetic science, this book provides the essential information for students and teachers alike. | Jane Foulston | <http://www.easons.com/p-23081-the-art-and-science-of-beauty-therapy.aspx> |
| Skincare, Eye Treatments and Makeup | Book  Illustrated Beauty Therapy Dictionary | This book uses terminology relevant to beauty students so that they don't have to find their way through irrelevant medical terminology. It includes a pronunciation guide enabling correct pronunciation. It provides illustrated terms that help to explain key concepts and reinforce learning. It can be used as a quick reference of the body structure and systems to put other terminology into context. | [Susan Cressy](http://www.easons.com/m-134544-susan-cressy.aspx) | <http://www.easons.com/p-466648-illustrated-beauty-therapy-dictionary.aspx> |
| Skincare, Eye Treatments and Makeup | Book  Beauty Therapy | This textbook provides a comprehensive view of skincare and beauty treatments. There are step by step photographs of each treatment which enhances the visual learning of the student. | [Lorraine Nordmann](http://www.easons.com/m-201712-lorraine-nordmann.aspx) | <http://www.easons.com/p-3134280-beauty-therapy.aspx> |
| Skincare, Eye Treatments and Makeup | Book  The Pocket Guide to Key Terms for Beauty Therapy | This easy-to-use revision tool provides quick and simple definitions for all key topics to help learners prepare for assessments and the world of work. | [Lorraine Nordmann](http://www.easons.com/m-201712-lorraine-nordmann.aspx) | <http://www.easons.com/p-620282-the-pocket-guide-to-key-terms-for-beauty-therapy.aspx> |
| Skincare, Eye Treatments and Makeup | Book  Beauty therapy fact file | This textbook is a well-structured and easy-to-follow content. It provides detailed information on each skincare and make-up treatment and could be used as a reference tool for tutors as it covers above and beyond what this module requires. | [Susan Cressy](http://www.easons.com/m-134544-susan-cressy.aspx) | <http://www.easons.com/p-465874-beauty-therapy-fact-file.aspx> |
| Skincare, Eye Treatments and Make-Up | Book  An Introductory Guide to Business | This textbook covers the business idea, marketing within a salon environment and health and safety in a beauty business. A good tool for the new therapist. | John Mann | <http://www.emspublishing.co.uk/books/an-introductory-guide-to-business> |
| Anatomy and Physiology of the head, neck and face | Website | This online resource is a clear and concise guide to the structure of each layer of the skin. It includes diagrams and explanations for the above mentioned. It also dedicates a section to skin diseases and infections | Health Service Executive | <http://www.hse.gov.uk/skin/professional/causes/structure.htm> |
| Anatomy and Physiology of the head, neck and face | Website | This website is dedicated to common skin conditions and disorders. A definition is included along with signs and symptoms of each skin concern. The photos are an added resource to clarify each disorder. | Health Line | <http://www.healthline.com/health/skin-disorders> |
| Skincare, Eye Treatments and Make Up | Website | This interactive online resource helps learners to identify their skin type. By answering a series of questions the clients skin type and condition can be identified along with a suitable skin care regime. | Renee Rouleau | <https://www.reneerouleau.com/quizzes/1/questions/1#.WAPA7BShRO0> |
| Skincare, Eye Treatments and Make Up | Website | This is another interactive online resource that can aid learners in identifying their clients skin type. By answering a series of questions the clients skin type and condition can be identified along with a suitable skin care regime with specific products. | Nivea | <http://www.nivea.com.au/experience/face-care/skin-consultant> |
| Skincare, Eye Treatments and Make Up | Book  Level 2 VRQ Diploma Beauty Therapy Candidate Handbook | This student book covers a wide range of material to enhance the learning of the candidate. It discusses topics such as the work place environment, client care, facial treatments and make up application. | Heinnmann  Pearson Schools and Colleges | <http://www.pearsonschoolsandfecolleges.co.uk/FEAndVocational/HairBeautyAndHolisticTherapies/BeautyTherapy/Standaloneproducts/Level2VRQinBeautyTherapy/Level2VRQDiplomaBeautyTherapyCandidateHandbook.aspx> |
| Skincare, Eye Treatments and Make Up | Video | This online tutorial discusses the signs of ageing skin, how to treat these skin concerns and suggests a range of treatment options and products available to the client. | You Tube  The Dermal Institute | <https://www.youtube.com/watch?v=uBLPnslIdYo&index=5&list=PLdnWw14YsMNAZcEKEsb1NinHevhTRxaj4> |
| Skincare and Eye Treatments | Video  Youtube channel | This is a youtube channel dedicated to providing information on skincare products and treatments. Cosmetic ingredients, product knowledge and treatments are discussed and demonstrated. | Dermalogica | <https://www.youtube.com/user/dermalogica/videos> |
| Skincare and Eye treatments | Website | This resource provides information on cosmetic ingredients. It outlines which component of a product could be harmful or carcinogenic to a persons health. Each search can be filtered by product, health concern or by the person who may be affected. | Safe Cosmetics | <http://www.safecosmetics.org/get-the-facts/chemicals-of-concern/> |
| Anatomy and Physiology of the head, neck and face | Website | This company supplies wall charts and posters of the human body. The skin and muscles charts available on this site would be beneficial for the visual learner. | All Posters | <http://www.allposters.ie/-st/Skin-posters_c201439_.htm> |
| Skincare, Eye Treatments and Make Up | Book  The Complete Make Up Artist | This make up book focuses on media make up. It helps to build the skills required to become a make up artist. It would be a suitable reference resource for tutors. | Penny Delamar | <http://www.easons.com/p-3335716-the-complete-make-up-artist.aspx> |
| Skincare, Eye Treatments and Make Up | Book  Make Up Artistry | This text book provides a comprehensive guide to becoming a make up artist. It outlines a step by step guides to creating a variety of make up looks. It includes above and beyond what is required in this module but would make an ideal reference book for tutors | Julia Conway | <http://www.easons.com/p-466657-make-up-artistry.aspx> |

**Useful Organisations:**

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| **Name** | **Contact Information** |
| Professional Beauty | <http://professionalbeauty.co.uk/site/Home> |
| ITEC | <https://www.itecworld.co.uk/> |
| CIBTAC | <http://www.cibtac.com/learning-resources/> |
| Associated Beauty Therapists | <http://aitireland.com/> |
| The Dermal Institute | <https://www.dermalinstitute.com/us/> |
| Professional Beauty Magazine | <http://professionalbeauty.co.uk/site/magazine> |
| EMS Publishing | <http://www.emspublishing.co.uk/e-learning> |

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| **MOOCs (Massive Online Open Courses)** | |
| Free access to online courses  Search regularly for new courses and new start dates | <https://www.mooc-list.com/> |