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| **Minor Award Name** | **Health and Safety Awareness** |
| **Minor Award Code** | **3N0532** |
| **Level** | **3** |

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| **Theme/Topic** | **Type** | **Relevance** | **Author/Source** | **Web Link** |
| **Introduction to workplace safety and health.** | Workbook  | Choose Safety: Worksheets, assignments and projects.  | Health and Safety Authority | Teacher Text and Student Workbook available free from Education Centres nationwide.  |
| **Basic principles underpinning health and safety, including prevention of risks and protection against hazards.** | Websites | General discussion of basic principles, including public and personal settings such as road safety, water safety, farm safety, food safety, infection control, and healthy lifestyles.  | Road Safety Authority | [www.rsa.ie](http://www.rsa.ie) |
| Irish Water Safety | [www.iws.ie](http://www.iws.ie) |
| Farm Safety | [www.agriculture.gov.ie/farmsafety/](http://www.agriculture.gov.ie/farmsafety/) |
| Food Safety Authority | [www.fsai.ie/](http://www.fsai.ie/) |
| Health Protection Surveillance Centre | [www.hpsc.ie/](http://www.hpsc.ie/) |
| Nutrition and Health Foundation | [www.nutritionandhealth.ie/](http://www.nutritionandhealth.ie/) |
| **Health and safety related issues in a familiar work or learning environment.**  | Website | Overview of health and safety legislation in Ireland.  | Citizens’ Information Ireland | <http://www.citizensinformation.ie/en/employment/employment_rights_and_conditions/health_and_safety/health_safety_work.html> |
| **Health and safety legislation in Ireland.**  | Legal documents | Safety, Health and Welfare at Work Acts 2005 and 2010. | Irish Statutes Book, Office of the Attorney General | <http://www.irishstatutebook.ie/eli/2005/act/10/enacted/en/html> |
| Safety, Health and Welfare at Work (General Application) Regulations 2007.  | Irish Statutes Book, Office of the Attorney General | <http://www.irishstatutebook.ie/eli/2007/si/299/made/en/print> |
| **Tools, equipment and associated documentation.** | Website  | Use of work equipment  | Health and Safety Authority | <http://www.hsa.ie/eng/Publications_and_Forms/Publications/General_Application_Regulations/Work%20Equipment%20updated%20version.pdf> |
| **Employer and employee responsibilities within health and safety legislation.**  | Website | Employers' obligations and employees' rights | Citizens’ Information Ireland  | <http://www.citizensinformation.ie/en/employment/employment_rights_and_conditions/employment_rights_and_duties/employer_obligations.html> |
| Website | Safety, Health and Welfare at Work Act 2005 – Employee duties | Health and Safety Authority | <http://www.hsa.ie/eng/Topics/Employees_Duties/> |
| Website | Safety, Health and Welfare at Work Act 2005 – Employer duties  | Health and Safety Authority | [http://www.hsa.ie/eng/Topics/Managing\_Health\_and\_Safety/Safety,\_Health\_and\_Welfare\_at\_Work\_Act\_2005/#employerduties](http://www.hsa.ie/eng/Topics/Managing_Health_and_Safety/Safety%2C_Health_and_Welfare_at_Work_Act_2005/#employerduties) |
| Workbook  | Looking after health, safety and welfare at work.Introduction to health and safety through worksheets, group discussion topics and extension activities.  | National Adult Literacy Agency  | <https://www.nala.ie/sites/default/files/publications/Clocking%20in%20to%20clocking%20out%20-%20health%20guide_1.pdf> |
| **Health and safety hazards in a familiar work or learning environment.**  | Website | Hazards, risks and risk assessment, and control measures.  | Health and Safety Authority | <http://www.hsa.ie/eng/Topics/Hazards/> |
| Website | Workplace hazards and health issues | Irish Business and Employers' Confederation | <http://www.ibec.ie/IBEC/ES.nsf/vPages/Health_and_safety~workplace-hazards-and-health-issues#.WZYmjITys2w> |
| Website | Hazards within a healthcare setting  | Health Service Executive  | <http://www.hse.ie/eng/staff/safetywellbeing/HealthSafetyand%20Wellbeing/healthandsafetyinformationfornewemployeesfaq.pdf> |
| **Hazards by type, including physical, electrical, mechanical, chemical, psychological, and work related musculoskeletal disorders (WMSDs).** | Textbook  | Safety & Health at Work: Hazards and risks in working with equipment. Use and disposal of hazardous materials and waste. | NIFAST. Published by Gill and MacMillan | <http://www.gilleducation.ie/business-/business-/safety--health-at-work> |
| Website | Types of hazards, workplace hazards, managing hazards | Fortress Learning  | <https://fortresslearning.com.au/cert-iv-content/design/types-of-hazards/> |
| Website | Hazards within the food industry & principles of HACCP | Food Safety Authority of Ireland  | <https://www.fsai.ie/food_businesses/haccp/types_of_hazards.html> |
| **Ergonomic risks in a familiar work or learning environment** | Website  | Ergonomics in the Workplace | Health and Safety Authority | <http://www.hsa.ie/eng/Publications_and_Forms/Publications/Manual_Handling_and_Musculoskeletal_Disorders/Ergonomics_in_the_Workplace.html> |
| Document  | Managing Risk Through Ergonomics  | Association of Irish Risk Management | <http://www.airm.ie/system/download_images/31/original/Managing%20Risk%20Through%20Ergonomics%20from%20KOS.pdf?1350753198> |
| Document  | Manual handling, musculo-skeletal disorders, and ergonomics: Examples of good practice in the Irish workplace. | Health and Safety Authority | <http://www.hsa.ie/eng/Publications_and_Forms/Publications/Manual_Handling_and_Musculoskeletal_Disorders/Ergonomics_Good_Practice.pdf> |
| Website  | Workplace ergonomics, including risk factors, assessments and controls.  | Ergonomics Plus | <http://ergo-plus.com/workplace-ergonomics/> |
| **Correct method of using a fire blanket and fire-fighting equipment.** | Website | How to use a fire extinguisher, different types of fire extinguisher, how to use a fire blanket | Euro Fire Protection and Maintenance Service  | <http://www.eurofireprotection.com/blog/2013/03/> |
| Website | Fire safety in the home  | Health Service Executive | <https://hse.ie/eng/services/list/4/olderpeople/tipsforhealthyliving/firesafety.html> |
| Website | Types of fire blankets, fire mats and screens. Types of fire detection and evacuation alarms. | Firesure Fire Safety Solutions  | <http://www.firesure.ie/safety/fire_extinguishers.html> |
| Website | Effective fire and emergency planning | Irish Business and Employers' Confederation | <http://www.ibec.ie/IBEC/ES.nsf/vPages/Health_and_safety~Management_of_Health_and_Safety~fire-and-emergency-planning?OpenDocument#.WZYrVoTys2w> |
| **Participating in a fire drill, and following correct procedures.**  | Website | Detailed fire assessment checklist, printable template for fire risk assessment, emergency evacuation plans and fire drills.  | Firesure Fire Safety Solutions | <http://www.firesure.ie/fire_safety_guidance/fire_risk_assessment.html> |
|  | Website | Planning a fire drill in your workplace  | Euro Fire Protection and Maintenance Service | <http://www.eurofireprotection.com/blog/carrying-out-an-effective-fire-drill/> |
| **Procedures to be taken following an accident, including completion of the appropriate documentation.** | Textbook | Health and Safety at Work:Recording of accidents, and emergency procedures.  | NIFAST. Published by Gill and MacMillan | <http://www.gilleducation.ie/business-/business-/safety--health-at-work> |
| Website | Accident and Dangerous Occurrence Reporting | Health and Safety Authority | <http://www.hsa.ie/eng/Topics/Accident_and_Dangerous_Occurrence_Reporting/> |
| Document  | Incident/Accident reporting to the Health & Safety Authority (HSA) | Health Service Executive | <http://www.hse.ie/eng/staff/safetywellbeing/HealthSafetyand%20Wellbeing/incidentreportingtotheHSAfaq.pdf> |
| Website | Key factors in accident management and investigation. | Irish Business and Employers' Confederation | <http://www.ibec.ie/IBEC/ES.nsf/vPages/Health_and_safety~Management_of_Health_and_Safety~accident-management-and-investigation?OpenDocument#.WZYqZoTys2w> |
| **Workplace health, safety and hygiene practices.** | Poster  | Handwashing technique | Health Service Executive  | <https://www.healthpromotion.ie/hp-files/docs/HCU00410.pdf> |
| Website  | Personal Protective Equipment (PPE)  | Health and Safety Authority | <http://www.hsa.ie/eng/Topics/Personal_Protective_Equipment_-_PPE/PPE_-FAQs/Personal_Protective_Equipment_FAQ_Responses.html> |
| Publication  | Safety signs in the workplace  | Health and Safety Authority  | <http://www.hsa.ie/eng/Publications_and_Forms/Publications/Retail/Gen_Apps_Toolkit_Safety_Signs.pdf> |
| Document  | Safety planning checklist for organising a workplace physical activity programme | Health Service Executive | <http://www.hse.ie/eng/staff/safetywellbeing/HealthSafetyand%20Wellbeing/Healthy-Ireland-HSE-Staff-Physical-Activity-Programme-Checklist.docx> |
| Textbook  | Risk factors in relation to safety, including the effects of medication, alcohol and drugs | NIFAST. Published by Gill and MacMillan | <http://www.gilleducation.ie/business-/business-/safety--health-at-work> |

**Useful Organisations:**

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| **Name** | **Contact Information** |
| Health Safety Authority (HSA) | <http://www.hsa.ie/eng/> |
| Health Services Executive (HSE) | <http://www.hse.ie> |
| Health Information & Quality Authority (HIQA) | <http://www.hiqa.ie> |
| Health Protection Surveillance Centre (HPSC) for Infection Control | <http://www.hpsc.ie> |
| Food Safety Authority Ireland (FSAI) | <https://www.fsai.ie/> |
| Nutrition and Health Foundation | <http://www.nutritionandhealth.ie/> |
| World Health Organisation (WHO) | <http://www.who.int> |
| Irish Statute Book | <http://www.irishstatutebook.ie/> |

**Other Organisations:**

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| **Name** | **Contact Information** |
| National Council for Curriculum and Assessment (NCCA) | [www.ncca.ie](http://www.ncca.ie)  |
| Quality and Qualifications Ireland (QQI) | <http://www.qqi.ie/>  |
| Further Education Support Service (FESS) | [www.fess.ie](http://www.fess.ie)  |
| Scoil Net | [www.scoilnet.ie](http://www.scoilnet.ie)  |
| Teachers CPD | <http://teachercpd.ie/>  |
| Skillshare | <https://www.skillshare.com> |
| International Literacy Association - Lesson Plans | <http://www.readwritethink.org/classroom-resources/lesson-plans/>  |

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| **MOOCs (Massive Online Open Courses)** |
| Free access to online coursesSearch regularly for new courses and new start datesOnline courses delivered mainly by Universities and Colleges worldwide.Most courses are free. Charge may apply if assessment and certification is required.Provide excellent CPD for individuals or resources that can support teaching and learning. | What is a MOOC?<https://www.youtube.com/watch?v=eW3gMGqcZQc>  |
| Providers of MOOCs<https://www.mooc-list.com/><https://www.coursera.org/> <https://www.udemy.com/><https://alison.com/><https://www.canvas.net/><http://www.lynda.com/><http://www.open.edu/><http://www.extension.harvard.edu/open-learning-initiative><http://oyc.yale.edu/>  |