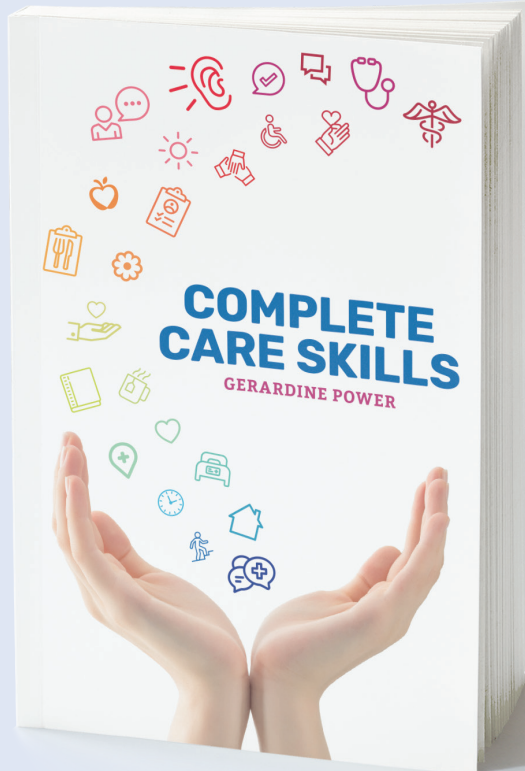


# COMPLETE CARE SKILLS

GERARDINE POWER



Includes: case studies, exercises, key words and revision questions

COURSE:	<b>CARE SKILLS 5N2770</b>
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Gerardine Power RGN, Dip in Healthcare, BA, H Dip in Education teaches various Healthcare modules at Limerick College of Further Education, where she is the co-ordinator of the Nursing Studies program.

Essential text for healthcare assistant students with **up-to-date healthcare regulations and legislation**, in addition to **best practice guidelines and checklists**.

- + Focuses on **person-centred** and **holistic care** to meet the client's needs and promote independence.
- + Advocates that maintaining the **dignity, respect and privacy** of the client is a primary foundation for care-giving.
- + Specifies various types of care equipment used to assist the client or carer perform various **Activities of Daily Living**.
- + Emphasises the importance of **hygiene** for the dignity, health and wellbeing of the client as well as the prevention of spread of infectious disease.
- + Explains the significance of practising **good communication skills** when delivering care.
- + Details the importance of **reporting** changes in client's condition and the careful and accurate documentation of all cares given.
- + Introduces the key aspects of **end of life care**.



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